

# Backpacking Class

## FREE !

**Who:** Central Indiana Wilderness Club

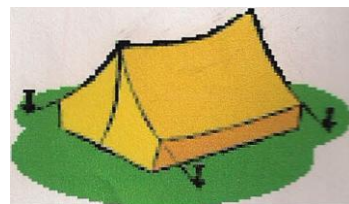
**Where:** Holliday Park Nature Center  
6363 Spring Mill Road  
Indianapolis, IN

**When:** Saturday, March 13, 2010  
9:30 AM to 12:30 PM

**Cost:** Free !

Want to learn some basic information about backpacking, and how to choose your gear? Well, just show up; it will be fun! Learn about:

- Choosing gear
- What to wear
- How to stay warm and comfortable
- Trail safety
- Water treatment options
- Meal ideas
- Leave No Trace
- Personal gear evaluation



Your presenters will include seasoned adventurers with experiences in places such as the Appalachian Trail, Pikes Peak, the Canadian Wilderness and more!

No pre-registration required!  
Contact: Nicole Oehler - 317-844-6712 or  
[Nmoehler2@aol.com](mailto:Nmoehler2@aol.com) with questions.