

INDIANAPOLIS HIKING CLUB

April 1957

"Easter" is derived from Eastre, the name of the old Teutonic goddess of spring, season of eternal resurrection. After Her death-like winter sleep, Nature awakes with life anew, making fields green, woods bright and trees exuberant. Come, join the hikers, then; commune with Nature; for in Nature are Health and Peace and Calm and the mysterious currents of renewal of both the mind and body.

Sunday, April 7 - Cataract Falls and Cagle Lake.

Meet at 10 AM at the east side of the State House, corner of Capitol and Market Streets. Cataract Falls is one of the prettiest sections in the entire State. Our trip will take in the falls, the lake and the wooded area. Don't forget food for a noonday cockout. If you need transportation (1 cent per mile), or desire further information, call leader - Bob Murray, ME 8-8615.

Sunday, April 14 - Turkey Run State Park.

Meet at 10 AM at the east side of the State House, corner of Capitol and Market Streets. Turkey Run is perhaps the most famous of Indiana's State Parks, presenting a wide variety of scenery, from thick forests to bare canyons. We're planning to hike along an easy trail before lunch and take a couple of the longer and more challenging trails before dinner. Bring food for both meals. Water is available. For information or transportation, call leader - David Klinkose, WA 3-1863.

Sunday, April 28 - Lake Sullivan and Fish Hatcheries.

Meet at 2 PM at shelter house on 30th Street, just west of White River Bridge. This will be a short afternoon hike along the river bank to Sullivan Lake and the State Fish Hatcheries. Drinking water and picnic facilities are available here. Those who'd like a snack before hiking back to starting point, bring your own food. For information or transportation, call leader - Don Rippensteel, WA 3-1863.

PROGRESS REPORT. Our first Indianapolis Hiking Club Spring Social proved very successful. We had a good turn-out (including people from Oregon and Wisconsin and from Holland and Latvia) and all enjoyed the European slides. During the short business meeting that followed, two decisions were made: first, that a 10-cent trip fee be charged all adults on each hike; second, that the Chairman, Kay Zissis, appoint members to a committee for drawing up the Constitution. Members appointed are: Bill Murphy, Mary Hufferd and Joe Sutton.

We're happy to report, also, that attendance at hikes has increased about 400%: on our first hike in February of this year there were only 11; the Mounds Hike brought out over 30; and the Bloomington Cave Trip, 42.

SPECIAL NOTICE - Since our first Spring Social was so successful, we're planning another one in May. Jot the date: Wednesday evening, May 8th; place: American Fletcher "Friendship Room", 2829 N. Meridian. Details will appear in May bulletin.

TO: Mrs. Frank Zissis
801 N. Bradley
Indianapolis 1, Indiana

I am interested in receiving the Indianapolis Hiking Club bulletins.

NAME: _____ PHONE: _____

ADDRESS: _____

INDIANAPOLIS HIKING CLUB

May 1957

A recent issue of U.S. News & World Report features an interview with Dr. Fred J. Stare, Harvard School of Public Health, wherein he points out, like many other physicians, that exercise is important to health. He goes on to say that "the simplest way to get exercise is to use your legs more in walking...Go for a walk Sundays -- take your wife with you!" (Does this sound like the INDHIC Theme Song?)

Sunday, May 5 - Rocky Hollow Bird Watch.

Meet at 2 PM at Holcomb Planetarium (Butler Campus). At this time of year the spring migration of birds will, according to the experts, be at its peak. We are happy to announce that the State Supervisor of Recreation, Mr. Louis Hasenstab, has kindly offered to lead this special bird study hike for us. Incidentally, Mr. Hasenstab will be attending the annual meeting of the Audubon Society a few days before leading our hike and will thus have all his bird news up to date. We'll hike around Rocky Hollow, the birds' natural habitat. If you have bird books or field glasses, bring them along. For further information, call Kay Zissis, FL 7-1076.

SPECIAL EVENT - WEDNESDAY, MAY 8, 7:30 PM - SECOND INDHIC SPRING SOCIAL.

Through the courtesy of American Airlines, Field Representative Dave Manson will show the short color film on Mexico, "Viva Mexico"; then a 3-way discussion on "Mexico as We Saw It" will be presented by Bill Murphy, Bob Murray and Kay Zissis. Following a brief business meeting, refreshments will be served by hostesses, Frances Ellison, Kay Misiura, Martha Rogers, Ruth Thomson. Place: Friendship Room, American Fletcher Nat'l Bank, 2829 N. Meridian. Chairman, Bill Murphy, ME 8-8615.

Sunday, May 12 - Christian Park.

Meet at 2PM at Christian Park Community House. Have you ever driven along Pleasant Run Parkway and wished that some day you could go more slowly and really enjoy the lovely winding road? If so, here's your chance, for that's what we're going to do: meet at Christian Park and hike down to Garfield and back. Bring food for a cookout. For information, call leader, Estelle Sutton, ME 2-2109.

Sunday, May 19 - Yellowwood Trail.

Meet at 10AM at the trolley turn-around on S. Pleasant Run P'way and Meridian. Meet again at Bean Blossom, intersection of Highway 135 and Road 45 around 11:30AM. From here we'll take a short hike through beautiful Brown County before lunch and a longer hike after, along Yellowwood Trail, which follows an early Indian path and stage-coach road. Bring food you can carry easily for a light lunch. No fires allowed. For information or transportation, call leader, Mary Hufferd, FL 7-1076.

Sunday, May 26 - Bradford Woods.

Meet at 1 PM at east side of State House, corner of Capitol and Market Streets, to proceed to Bradford Woods (NOT CAMP Bradford). Drivers take Route 67 through Mooresville and Brooklyn, approximately 30 miles, to sign "Bradford Woods" on right. Take dirt road, parking behind big house on grounds. There are many trails to hike, as well as a stretch of howling wilderness. Bring food for evening cookout. Return to Indianapolis around sundown. For transportation, call leader, Ed Stresino, WA 3-8897.

(If you are already receiving this bulletin by mail, do not send in this coupon.)

TO: Mrs. Frank Zissis

801 North Bradley, Indianapolis 1, Indiana

I am interested in receiving the Indianapolis Hiking Club bulletins.

NAME: _____ PHONE: _____

ADDRESS: _____

INDIANAPOLIS HIKING CLUB

Handy

JUNE
July 1957

"Along the quiet trails...the average citizen will find release from the tension of his overcrowded daily existence; contact with nature will refocus with a clearer lens his perspective on life values, and he may here take counsel with himself to the end that his strength and confidence are renewed." (Indiana Dept. of Conservation)

Sunday, June 2 - Tow Path.

Meet at 2 PM at Holcomb Planetarium (Butler Campus). How many of you have taken the peaceful hike along the tow path of the canal in Indianapolis? Where else can you hike for miles, remote and apart from the hustle and bustle of the city, yet within its limits? We'll start at the Observatory and travel south -- a pleasant, easy hike on flat terrain. For information, call leader - Mary Alice Oval, AT 3-1531.

Saturday, June 8 - Martinsville Goldfish Hatcheries.

Meet at 1 PM at trolley turn-around on South Pleasant Run Parkway and Meridian. Meet again around 2 PM at Goldfish Hatcheries (just north of Martinsville on Road 37). These Goldfish Hatcheries are reputedly the world's largest; and here's your chance to visit them. We'll take a short, easy hike, enough to work up a healthy appetite for an evening cookout. Bring food. Leader - Martha Rogers, WA 6-2576.

SPECIAL HIKE - Sunday, June 9, 6:00 AM - Rocky Hollow Bird Watch.

Meet at 6 AM at Holcomb Planetarium (Butler Campus). Since birds are more active in the early morning than at any other time of day, the State Supervisor of Recreation, Mr. Louis Hasenstab, has offered to lead this special hike for bird lovers. Come, set your alarm to attend Sunday services with us outdoors -- in the "Cathedral of God".

Sunday, June 16 - Yellowwood Lake.

Meet at 10 AM at east side of State House, corner of Capitol and Market Streets, or meet in Nashville, in front of Courthouse at 11:30 AM. We'll enjoy the day hiking leisurely in the vicinity of Yellowwood Lake in beautiful Brown County. Bring food for a cookout. For transportation, call leader - Dave Klinkose, WA 3-1863.

Saturday & Sunday, June 22 & 23 - McCormick's Creek State Park - Overnight.

Meet at 2 PM Saturday at trolley turn-around on South Pleasant Run P'way & Meridian. Take Rt. 67 to Spencer (55 miles), meet again in front of Courthouse around 4 PM. We'll proceed together to Park to select campsite. Bring your own bed roll and shelter tent. Also bring food and utensils for Sat. evening meal, Sunday breakfast and Sun. lunch. Water available. Several hikes are planned through the Park, one of the most scenic in Indiana, including an early morning hike Sunday. For those who want to cover the trails on horseback, there is a stable; for the swimmers, a fine pool. Those who want to join us Sunday, or who desire additional information, or transportation, call leaders - Don Hippensteel and Dave Klinkose, WA 3-1863. *

Sunday, June 30 - Geist Reservoir.

Meet at 2 PM at the boat house. Spend a carefree afternoon in the picturesque recreational area of Geist Reservoir. A short drive will take you there. We'll hike around the lake, then gather round for an evening snack. Bring your own food. (No fires allowed.) For information, call Gertrude Noecker, the leader - ME 1-7120.

(Reservations with \$1.00 deposit must be in by June 15th.)

TO: Mr. Don Hippensteel, 3248 Washington Blvd., Indianapolis, Indiana

* I enclose \$1.00 for the June 22-23 overnight at McCormick's Creek State Park.

NAME: _____ PHONE: _____

ADDRESS: _____